

Directory of Human and Social Services

Available to Guilford Residents

Adult Day Care Facilities:

Strong House Adult Day Center

546 Durham Rd., Madison, CT 203-245-0524

Health and social services for adults with functional impairments.

www.caring.com/local/adult-day-care-in-madison-connecticut/vna-services-strong-house-adult-day-center

Orchard House Medical Adult Day Care Center

421 Shore Drive, Branford, CT 06405; 203-481-7110; Fax: 203-481-2064

info@theorchardhouse.org

www.theorchardhouse.org

Health and social services for adults with functional impairments, open Monday through Saturday.

Agency on Aging of South Central Connecticut

One Long Wharf Drive, New Haven, CT 06511; 203-785-8533 or 1-800-994-9422

info@aoapartnerships.org

www.aoapartnerships.org

The Agency on Aging of South Central Connecticut (AASCC) is a private, nonprofit organization designated as one of five Area Agencies on Aging in Connecticut. It works to empower adults to remain as independent and engaged as possible within their communities, providing information, referrals, health insurance counseling, advocacy, distribution and monitoring of state and federal grants, and in-home assessment visits and case management of supportive home services through the Connecticut Home Care Program for elders.

American Red Cross Connecticut Chapter

703 Whitney Avenue, New Haven, CT 06511; 1-877-287-3327

www.arcsct.org

BHCare, formerly Harbor Health Services, Inc.

14 Sycamore Way, Branford, CT 06405; 203-483-2630

<http://www.bhcare.org>

BHcare provides comprehensive behavioral health, prevention and domestic violence services.

BHCare Clothing Bank

30 Harrison Avenue, Branford, Ct 06405; 203-483-2643

Weekdays 9:00 am – 2:00 pm; Every Other Saturday 11:00 am – 1:00 pm

Charlie's Closet – recycled Medical Equipment

Guilford Interfaith Ministries, 310 State St, Unit 200, Guilford, Ct 06437; 203-458-8359

www.gimct.org

Clean, working wheel chairs, walkers, shower chairs, etc. available for \$1.00.

Clifford Beers Guidance Clinic

93 Edwards St., New Haven, CT 06511; 203-772-1270

Shoreline Office: 625 Boston Post Rd. Guilford, CT 06437; 203-453-2134

info@cliffordbeers.org

www.cliffordbeers.org

Community-based mental health services and advocacy for children and families.

Community Dining Room, Inc.

30 Harrison Avenue, Branford, CT 06405; 203-488-9750

pkral@communitydiningroom.org

www.communitydiningroom.org

The Community Dining Room provides nutritional support and free hot meals to the south central Connecticut shoreline, offering lunch every day, Saturday morning breakfast, Tuesday evening family dinner and a home delivery program for frail elderly and others unable to prepare meals for themselves, along with "Wednesday Night Take Out" for people who have lost jobs or had hours cut, dinner for pick up on Wednesday between 3:30 and 5:30.

Community Health Center, Inc

635 Main Street, Middletown, CT 06457; 860-347-6971

www.chc1.com

Healthcare Services - Medical, Dental and Mental Health

Connecticut Department of Children and Families (DCF)

121 Main St. Extension, Middletown, CT 06457; 860-638-2100

www.ct.gov/DCF

Connecticut Department of Developmental Services (DDS)

www.ct.gov/dds

Connecticut Department of Health and Addiction Services (DMHAS)

www.ct.gov/dmhas

Connecticut Department of Social Services (DSS)

117 Main Street Extension, Middletown, CT 06457; 860-704-3100

www.ct.gov/dss

The Cove Center for Grieving Children

250 Pomeroy Ave., Ste. 107 Meriden, CT 06450; 203-634-0500

or 1- 800-750-2683

jessica@covect.org

www.covect.org

Providing comprehensive grief support services to children ages 4-18 and their families.

Domestic Violence Services of Greater New Haven (a program of Birmingham Group Health Services, Inc.)

P.O. Box 1329, New Haven, CT 06505; Hotline: 203-789-8104

Business: 203-865-1957

Fax: 203-562-9450

www.dvsgnh.org

Services for victims of domestic violence, including 24-hour hotline, emergency shelter, advocacy in criminal and civil courts, individual counseling for older teenagers and adults, support groups, and community education programs for professionals, community groups and students about the issue of domestic violence and resources.

E.R.A.C.E. East Shore Regional Adult and Continuing Education

Branford High School, 185 East Main Street, Branford, CT 06405; 203-488-5693
or 203-315-6739

pdzialo@branford.k12.ct.us

www.erace-adulted.org

E.R.A.C.E. educational programs include the following: High School Credit Diploma Program, GED (General Educational Development), NEDP (National External Diploma Program), ABE (Adult Basic Education), ESL (English as a Second Language) and Citizenship Preparation Program. ERACE also offers a variety of enrichment programs and provides workplace training for all adult education programs.

Friendly Visiting Program

Guilford Interfaith Ministries 310 State St, Unit 200, Guilford, Ct 06437; 203-458-8359

www.gimct.org

Caring volunteers visit any homebound or lonely Guilford resident once a week for a year or longer. There is no fee and scheduling is flexible.

Guilford Before & After School Care Program

280 South Union Street, Guilford, CT 06437; 203-453-0045

kellyroseann@yahoo.com

www.guilfordbeforeandafterschoolcare.com

Before School Care, AM & PM Kindergarten Care, After School Care. Hours: 7 am - 6 pm, Location: A.W. Cox, Calvin Leete, Guilford Lakes Elementary Schools; offers a sliding fee scale for income-eligible families.

Guilford Center for Children

47 Stone House Lane, Guilford, CT 06437; 203-453-8050 or 203-453-8048

guilforddaycare@snet.net

www.guilforddaycare.com

This NAEYC-accredited program provides care and education for preschoolers while their parents work, offering a sliding fee scale for income-eligible families.

Guilford Food Bank

45 Stone House Lane, Guilford CT 06437; 203-453-8009 or 203-453-8359

www.gimct.org

The Guilford Food Bank is jointly directed by the Town of Guilford, CT and Guilford Interfaith Ministries, and provides food to any Guilford resident in need.

Guilford Housing Authority

Guilford Court, 32 Guilford Court, Guilford, CT 06437; 453-6262

ghabtgc@att.net

Boston Terrace, 41 Boston Terrace, Guilford, CT 06437; 453-5336

gharsc24@yahoo.com

Sachem Hollow, 310 State Street, Guilford, CT 06437

gharsc24@yahoo.com

No website

Affordable housing for the elderly and disabled.

Guilford Interfaith Ministries

310 State St, Unit 200, Guilford, Ct 06437; 203-458-8359

www.gimct.org

Meals on Wheels, Friendly Visiting (weekly social visits) and Charlie's Closet (recycled medical equipment); see entries for each under alphabetical listing.

Guilford Parks, Recreation & Seniors Program

32 Church Street, Guilford, CT 06437; 203-453-8068; Fax: 203-453-8456

www.guilfordparkrec.com

Provides transportation, hot meals, classes, programs, trips, resource, referrals, notary, Medicare/insurance assistance.

Guilford Public Schools Pupil Services

www.guilford.k12.ct.us/district_information/pupil_services/

Guilford Social Services

263 Church Street, Guilford, CT 06437; 203-453-8009; Fax 203-453-8406

socialservices@ci.guilford.ct.us

<http://www.ci.guilford.ct.us/>

(click on Town Departments)

Essential services are available on a local level at Guilford Social Services (GSS) to help in-crisis residents. GSS serves as an intake sites for the State Energy Assistance, OPM Renters Rebate program and Operation Fuel, Service Unit Extension for the Salvation Army, coordinating office for the Guilford Food Bank, Guilford Welfare Gift Fund administration providing emergency relief for limited basic needs, Office of Municipal Agent to the Elderly, state mandated to assist elders, providing them with information and referrals to services and benefit programs, and coordinating office of local clothing and holiday relief programs. GSS serves as a general referral source providing application, liaison and limited case management assistance.

Guilford Youth & Family Services

36 Graves Avenue, Guilford, CT 06437; 203-453-8047

landryl@ci.guilford.ct.us

<http://www.ci.guilford.ct.us/>

(click on Town Departments)

Mental Health Clinic for children up to 18 years old; prevention programs in the schools.

Guilford Youth Mentoring

605 New England Road Guilford, CT 06437; 203-453-2741 Ext. 269

solomonb@guilford.k12.ct.us or otl@guilford.k12.ct.us

www.guilfordmentoring.org

Guilford Youth Mentoring is a unique partnership between Guilford schools and community businesses/organizations that provides mentors to school children. GYM mentors are caring adults from the community who volunteer one hour per week to spend with a child in the school setting during the school day.

Harbor Health Services, Inc.

See listing under BHCare

Infoline--United Way of CT 2-1-1

Dial 2-1-1 or 1-800-203-1234

infoline@ctunitedway.org

www.211ct.org

Statewide human/community service information and referral with specialized services in childcare, child development and HUSKY health care.

Legal assistance:

Statewide Legal Services of Connecticut

Apply by calling 1-860-344-0380

Or 1-800-453-3320

For free legal assistance.

Mon., Tues., Thurs., Fri. 9 Am to Noon, 1 to 3 PM; Wed. 1 to 3 PM

<http://www.slscct.org>

For domestic violence cases and applicants who are undocumented:

New Haven Legal Assistance

203-946-4811

www.nhlegal.org

Lifeline Corporation

2785 Boston Post Rd., Guilford, CT 06437; 203-483-0399

lifeline@sbcglobal.net

www.lifeline.org

Lifeline provides a variety of peer driven support services for people who are in or seeking recovery from substance use disorders.

Literacy Volunteers Valley Shore, CT, Inc

61 Goodspeed Drive, Westbrook, CT 06498 Phone: 860-399-0280

lvvs@snet.net

www.vsliteracy.org

LVVS provides volunteer tutors to work mainly with adult students in Basic Reading and/or English as a Second Language.

Meals on Wheels

Guilford Interfaith Ministries, 310 State Street 203-453-8359

www.gimct.org

Provides a hot nutritious meal to any Guilford resident having significant difficulty preparing themselves a well balanced meal.

Medicare

www.medicare.gov

See also Agency on Aging, which provides free local Medicare counseling:

1-800-994-9422

Mutual Housing Association dba NeighborWorks New Horizons

235 Grand Ave., 2nd Floor New Haven, CT 06513; 203-562-4514

or 1-800-270-7517

info@nwnh.net

www.nwnh.net

Affordable housing; Furniture bank located at 85 State St., New Haven, behind King Acres Plaza.

Orchard House Medical Adult Day Care Center: see listing under Adult Day Care Facilities

Planned Parenthood of Southern New England,

Old Saybrook Health Center, 263 Main St., S203, Old Saybrook, CT 06475;

860-388-4459

or

345 Whitney Avenue, New Haven, CT 06511; 203-865-5158

www.ppsne.org

Affordable and confidential reproductive health care services for women & men.

Rushford Center Inc, Middletown

1250 Silver St. Middletown CT. 06457; 860 346-0300 Ext.125

eranganathan@rushford.org

www.rushford.org

Inpatient and outpatient substance abuse and mental health services to children, adolescents, adults and families.

SARAH, Inc.

246 Goose Lane, Ste. 101, Guilford, CT 06437; 203-458-4040

info@sarah-inc.org

www.sarah-inc.org

SARAH, Inc. is a non-profit community service provider committed to providing advocacy, services and supports for people with intellectual and other disabilities and to promoting opportunities for full inclusion in their communities. SARAH, Inc. serves children and adults with disabilities in communities across the greater New Haven and shoreline areas, offering an array of services and supports for children and adults of all ages and abilities: Birth to Three early intervention; Family and Children Center; work and life skills training; supported employment; recreation and leisure services; advocacy and more.

SARAH, Inc., KIDSTEPS

51 Boston Post Road, Unit 9, Madison, CT 06443; 203-318-3692

KIDSTEPS@sarah-inc.org

www.sarah-inc.org

KIDSTEPS, a division of SARAH, Inc., is comprised of two distinct programs: 1) Birth to Three - an early intervention, state approved program of services for children that addresses any identified developmental delays and disabilities. 2) Family and Children's Center - provides support services for families and children birth through twelve years old.

Sexual Assault Hot Line

Toll free 888-999-5545

En Espanol 888-568-8332

See Women and Families Center

Shoreline Village

http://svct.clubexpress.com/content.aspx?page_id=22&club_id=537406&module_id=103551

A community of seniors living independently at home.

Social Security Administration

www.ssa.gov

Strong House Adult Day Center: see listing under Adult Day Care Facilities

VFW: Edward A. Norton Veterans of Foreign Wars Post 7666

P.O. Box 173, Guilford or 104 Mill Rd, Guilford; 203-453-9252

www.guilfordvfw.com

The V.F.W. is a veteran support organization that helps local veterans with making contact with services that are available to them.

VNA Community Healthcare

753 Boston Post Rd., Guilford Ct; 203-458-4200

www.connecticuthomecare.com

Home care: nurses, physical therapy, occupational therapy, speech therapy and psychiatric nursing. Flu shots. Numerous health and wellness services and classes. Family caregiver support and resource centers. Helpline for eldercare questions: toll free (866) 474-5230.

Women Infants and Children Program

Department of Public Health, 410 Capitol Avenue MS #11WIC, P.O. Box 340308, Hartford, CT 061345-308; Toll free 800-741-2142

www.ct.gov/dph/cwp/view.asp?a=3137&q=395460&dphNav_GID=1862&dphPNavCtr=%7C#48077

The Special Supplemental Nutrition Program for **Women, Infants, and Children** – better known as the WIC Program – serves to safeguard the health of low-income women, infants, & children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

Women and Families Center

1440 Whalley Avenue, New Haven, CT 06515; 203-389-5010

Fax: 203-389-5595

169 Colony Street, Meriden, CT 06451; 203-235-9297; Fax: 203-237-7571

www.womenfamilies.org

The Women and Families Center offers support services and support groups for survivors of sexual violence and their loved ones. They provide accompaniment and advocacy through medical, police, and legal systems. 24 hour statewide hotline 1-888-999-5545 En Espanol 1-888-568-8332.

Women & Family Life Center

96 Fair Street, Guilford, Ct 06437; 203-458-6699

info@womenandfamilylifecenter.org

www.womenandfamilylifecenter.org

WFLC is a non-profit organization serving women and their families by providing programs in education, wellness, and support as well as referral services.

Further Information: for a regional directory see

www.ci.guilford.ct.us/Main%20Menu/Community%20Services.pdf